

Prayer Booklet

Lady Master Kwan Yin

*Divine Mother Of Compassion,
Mercy and Forgiveness*

• • •
• *The Divine Three* • •

Incense Lighting Offering

Bringing a stick of incense to one's forehead three (3) times, we honor the three treasures:
the Buddha, the Dharma and the Sangha.

"I offer this incense to the Buddha" (first raising)

"I offer this incense to the Dharma" (second raising)

"I offer this incense to the Sangha" (third raising)

The incense is then placed in the Incense bowl while reciting :-

"Shanti, Shanti, Shanti " (peace, peace, peace).

Invoking Kuan Yin

As I look upon you oh blessed Kuan Yin
I am renewed with your Light
On the wind I feel your strength
With the falling of the rain I am cleansed
By the Sun I bathe in your spirit
With the Moon I feel your power.
Mother of Compassion
Who hears the cries of all hearts
In reverence I call upon you
To be with me this day..

And so be it x3

Mother of Mercy
Compassionate Lady Kuan Yin
You who hear the weeping world
And comfort it's souls.
Come! On the dragon's breath!
Come! To answer our prayers!
Come! To soothe our pain!
Jade Goddess, who never refuses a prayer
We ask for peace,
For banishment of fear, anger and hatred,
For your love and compassion
To be poured out upon the Earth and us all.
O Generous One!
Gracious Kuan Yin, we ask for your blessing
Today and every day.

And so be it x3

CALLING TO KUAN YIN

**"Namo Kuan Shih Yin Pu'Sa
Namo Kuan Shih Yin Pu'Sa
Namo Kuan Shih Yin Pu'Sa".**

"Oh Kuan Yin, help me to connect to your energy, unconditional love and compassion and to be like you and love all, no matter who or what they are.

Help me to feel love and compassion for all sentient beings.

Empower me with your loving energies.

It is my wish to receive your blessing and love, and to follow your ways to the best of my ability, for the greater good of all.

I thank you for all your love and blessings,

Oh Kuan Yin it is my intention and it is done, so be it!

“NAMO KUAN SHIH YIN PU'SA”

Decree for Kuan Yin

I Bow to Kuan Yin in total delight. And pray for her freedom with all of my might. Her joy is available all of the time. She knew what she'd chosen... her words were divine.

**I bow to the Beauty of which is Kuan Yin. Humbly, quietly, I take her all in.
Such loving and caring as I've never seen. She touches my electrons, the soul of my Being.**

**I bow to Compassion that Kuan Yin has taught. Her love and her Mercy for all who have sought.
Namo Kuan Yin shine your MIGHTY PINK Ray, surround me in Jasmine... Gardenias... your... Holy Water... a lake.**

**I bow to the Violet and it's MIGHTY Fire and clear and remove all negatives... desires.
Kuan Yin at my altar I bow to each day with prayers and love to emulate your rays.**

I bow to Kuan Yin for peace and for light this decree made stronger at each given recite. Trillions times trillions the powers increase... until the day of that final peace... For all the crying and pain she has heard... this decree is so powerful... to do her some good. Light at the speed of it's infinite space, release all in bondage speed up this light race!

I pray for the day that is final to her. The very last day she has honoured her word. I see her released her essence that soars. Freedom is won and finally hers. And all the universe on that final day... still to listen... the sound of the Rays.

**I bow dear Kuan Yin until you are free... eternally grateful on my bended knees.
Beloved, Beloved so much have you given, ride high with the angels; still quiet we listen.
Rejoice! Rejoice! On her final day... all is in order... in it's right place.**

**I bow to Kuan Yin until this is done... the Golden Age here and we are all one!
Dear Creator I ask to increase this decree... the power of which is yours to give free.**

And so be it, And so be it, And so be it

Daily Devotion

Goddess of the skies,
Please respond to my cries.
Lift me up in your strong arms,
Away from those who seek to harm.
Shield me from that awful rage,
That shall face me day to day.
Help me be strong in what I do,
And help my heart to remain true.
Give me strength to face each day.
And the hardships before me lain.
Let those who I love - love me in return,
And everyday let me learn.
I bid you Kuan Yin my spirit keep,
While I'm awake and asleep.

And so be it x3

Morning Prayer

Oh Gracious Goddess,
Lend me strength, health and love,
During this coming day.
Assist me with the challenges ahead,
Share your Divine wisdom.
Teach me to respect all things,
And remind me that the greatest gift of all is Love....

And so be it x3

A New Day Prayer

Divine Mother Kuan Yin thank you for this new day,
It's beauty and it's light.
Thank you for my chance to begin again.
Free me from the limitations of yesterday.
Today may I be reborn.
May I become more fully a reflection of your loving radiance, Kuan Yin.

Give me strength, courage, compassion and wisdom.
Show me the light in myself and others.
May I recognise the good that is available everywhere.

May I be this day, an instrument of Love and Healing.
Lead me to the gentle people and places.
Give me deep peace that I might serve you most deeply Divine Mother Kuan Yin.
Amen (x3)

Kuan Yin Thanking

I thank thee O Mother Goddess,
Who shines for all,
Who flows through all.
Thank you for sharing your time with me,
My thanks for watching over me,
Guarding me and guiding me.
My thanks for all you have given me,
And all you will continue to give me.
Please continue to light my path, and my life.

And so be it x3

My Lady of Compassion

I come to you with a heart that is filled with daily turmoil
I pour my spirit of doubt and confusion at your feet
I turn over my mind of weariness and anger to you
I ask that this now empty vessel be filled with your
JOY, PEACE, UNDERSTANDING AND COMPASSION
I pray that I am worthy of the gifts that you bestow upon me
I sing the praises of your kindness
I shed tears for the weight I have placed on your shoulders
I dedicate myself to my brothers and sisters in your name
That I might lift them up on the paths that they travel
Becoming a more spiritual human being on my path
Look down upon my prayer in consideration
of the desire of this mortal to be more worthy
in the eyes of humanity of the respect I seek

And so be it x3

In Times of Trial

Goddess within me,
Your son /daughter seeks your aid,
Courage to face this,
Strength to stand!
Love to aid!

Healing Chant

Deep in my bones the Goddess is alive,
Deep in my cells and blood the Life Force is strong,
Deep in my heart and spirit,
I believe I will heal.
I feel Kuan Yin at my core,
Filling me with Faith and Health.
Abundant Life Forces of the Universe flow in me,
And banish all disease.
My blood, my bones, my cell and my body,
Are healing now...
Are healing now...
The Goddess force is in me,
And healing me now...

And so be it x3

Morning Affirmation

Goddess within me,
God around me,
Spirit throughout me,
I will complete this day
In balance and love.

And so be it x3

To End Negative Thinking

Oh Goddess within,
Oh Goddess of the Moon,
The Waters and the Earth.
I need to feel your presence.
I need to be reminded of you.
Assist me to remember your lessons.
Show me the key that will unlock my spirituality!

And so be it x3

Night Prayer

Oh Blessed Kuan Yin,
I now enter the Realm of Dreams.
Weave now if you will,
A web of protective light around me.
Watch over me and mine,
Until the Sun once again rules the Earth.
Oh Gracious Goddess,
Be with me through the night !

And so be it x3

Kuan Yin Remove Anger Prayer.

*With Mercy and Compassion, Beloved Kuan Yin
Melt away this anger, and let me love again
Melt away this fear, and let me love again*

Om Shanti, Shanti, Shanti.

Holy Kuan Yin

Holy Kuan Yin
Whose very image inspires me
Protect me and mine this day
And send all negatives far away.
I found the courage to face any adversity
I find my strength in you.
Blessed Mother,
Help me move through this day
With your love and compassion
Showing me the way.
Lend me the power
To face any foe with love and patience
Cleanse my soul
So I don't make their poison my own
And may you always be with me
Wherever I may go.

And so be it x3

Kuan Yin Help Me Heal

I call upon Kuan Yin to infuse me
With all the healing energy, love and compassion
Of her wondrous nature.

Allow me to be a nurturer and healer of all those
Who seek comfort, hope and inspiration.

Allow me to be the instrument by which
They attain wholeness in body, mind and spirit.
May all whom I meet and serve be infused
With balance, peace and harmony.

And so be it x3

Kuan Yin Healing Prayer

Goddess Kuan Yin

I come before you to ask for renewal.

Renew my body - give it strength, energy and stamina
With which to continue caring for myself.

Wherever sickness dwells replace it with health.

Renew my mind - give it peace, understanding, insight,
And keen awareness

So that faith has foundations in truth and reality.

Wherever unhealthy thoughts dwell, replace them with hope.

Renew my spirit - give it harmony and the spark of all magic.

Wherever darkness dwells, replace it with light.

Let the light from within shine like a beacon

For all my actions and thoughts.

And so be it x3

A Prayer for Help

Kuan Yin, in this moment and place

I am in need of thy healing and comforting presence.

Oh beloved Goddess of all good beginnings.

Be with me in the midst of my present difficulties

With thy hand of power and might

Oh merciful and compassionate Kuan Yin

Direct me so with your help I may remove

The sorrows and afflictions that now surround me.

Grant me the protection of thy truth

O Beloved Kuan Yin

In thee I am made powerful and confident

Thou art my aid and help

Shanti, Shanti, Shanti

Kuan Yin Prayer for Guidance

Kuan Yin, Goddess of Mercy
She who is said to answer all sincere prayers, I call to you.
I stand at an impasse, I know not the way,
No matter what I try,
The obstacles remain firm.

What lesson does this wall teach me?
What benefit is there in waiting?
Why can I not move ahead?
These are the questions that lay heavy on my heart.
If I am to move, guide my way.
If I am to stay, help me stay.
Grant me your vision but for a moment,
So I can think and act wisely,
For the best possible outcome ..

And so be it x3

Kuan Yin Prayer for Hope

Lady Kuan Yin, Goddess of Mercy, Bodhisattva of Compassion,
She who hears the cries of the world, hear my cries,
See the heaviness of my heart,
The waves of sadness that threaten to drown the spark of my spirit
Help me find the light of hope in this darkness
And follow it back to wholeness.

Let me find joy in the knowledge that I am not alone.
Let me find happiness in myself, my gifts, my friends and family.
Remind me that the greatest blessings fill the soul.
Refill my spirit now, till it overflows with gladness.

Om Shanti, Shanti, Shanti.

May God be witness to my prayers
And to my aspirations for peace and love for all.
May this green planet be forever green
And the flowers of harmony and understanding
Bloom in all human hearts.
May Kuan Yin hear my prayer and respond accordingly.

And so be it x3

A Kwan Yin Meditation

Sit in a comfortable chair or on a cushion in lotus position if you prefer. Close your eyes: let your body relax, and for a few moments pay attention to your breathing. Breathe deeply and slowly, in and out, feel the air entering and leaving your lungs.

Now, transport yourself to a beach at the ocean. Imagine your favorite stretch of sand next to the water and place yourself there. It is a cloudy night. Hear the steady mutter of the waves, feel the warm sea breeze, smell the salt air.

Now look up to see a beautiful round Full Moon that has just risen. Watch the moonlight shimmer on the water. Gaze at the moon for a long time.

Now see it get brighter and brighter, until you can barely look at it. Gradually, the moon becomes Kwan Yin herself, her body surrounded by a glowing aureole.

Slowly she descends towards you, until she stands on a lotus blossom that floats on the waves. She is a mature woman with Asian features, an ornate headdress, and flowing robe.

At the sight of you, Kwan Yin smiles a beautiful smile, and tears of happiness shine in her eyes. She is so glad to see you. As she comes closer, let her radiance enter you. Let her strength, her peace, and her compassion become a part of you. Let yourself open to her so that she merges completely with you.

In this moment, you feel bottomless compassion for yourself and all other creatures. Your difficulties, your weaknesses, your inadequacies, all those ways in which you do not measure up to your own standards, all those moments in which you acted carelessly or unskillfully, or when you were immobilized by confusion; all your pain that sometimes seems endless, rising up when you least expect it - let these aspects of yourself be utterly accepted by you.

Feel your suffering and confusion surrounded by the love that Kwan Yin awakens in you. Let yourself surrender into her compassion for all life. And stay there as long as you need to.

Finally, it is time for Kwan Yin to leave. You see her in front of you again. As she moves away, she becomes smaller and smaller. At last the sea and sky vanish, too, and you rest in contemplation of the beautiful empty space that is left. Let yourself open into that space and experience it, so restful.

When you are ready, come back into your room, into your body, as you experience it sitting on the chair or cushion. Focus for a few moments, again, on your breath and breathing, until you are ready to open your eyes.

Kwan Yin Mantra:

Namo Kuan Shih Yin Pu' Sa *x108*

Om Mani Padme Hum *x108*

Blessing Ritual of Kwan Yin, Goddess of Mercy

- 1) Set up your altar with a picture of Kwan Yin and either a stick or a cone of lotus incense.
- 2) Bow 3 times to Kwan Yin
- 3) Offer one (or more) glass (es) of water which Kwan Yin will bless.
- 4) Invite Kwan Yin to come to you and appear. Bring the palms of your hands together in the prayer-mudra. Recite the following:

May the Peace of Kwan Yin be upon this household!

May the Light of Kwan Yin be in my soul!

May the Wisdom of Kwan Yin be in my mind!

May the Virtue and Purity of Kwan Yin be in my feelings!

May the Strength and Vitality of Kwan Yin be among the members of my household!

May the Health and Well-Being of Kwan Yin be manifest through out my body, and radiate through the garments I wear!

May the Grace of Kwan Yin be in my worship!

May the Talents and Genius of Kwan Yin be manifest through my senses!

May the Peace of Kwan Yin be upon me"

- 5) Recite the short mantra 10 times:

Na Mo Kwan Yin Bodhisattva.

- 6) Finally, drink the water blessed by Kwan Yin. This water now has healing powers. Dedicate this practice of the Kwan Yin Great compassion Mantra to the benefit and enlightenment of all beings.
- 7) Close your shri

This Prayer Booklet is to be shared Freely and Compassionately